

KAREN FOSTER

Director of San Diego Ballet School

With her vast knowledge and experience of running a studio, Miss Karen was hired to become General Manager of both San Diego Ballet and San Diego School of Ballet while continuing her passion of teaching tap, jazz and ballet. She was promoted to School Director at the onset of the pandemic in 2020 where her unparalleled work ethic and joy of teaching kept the school afloat and her students dancing. Before moving to the US, Miss Karen worked as an administrator for a Fortune 500 company, owned and taught at her own studio in Melbourne Australia for 27+ years, and is a member of the Australian Cecchetti Dance Society.

ROBIN SHERERTZ MORGAN

Founder & Director Emeritus

Ms. Morgan began her training with the original San Diego Ballet and later was awarded a full Ford Foundation scholarship to the School of American Ballet. She performed with the New York City Ballet under the direction of George Balanchine, toured with the NYCB Lecture Ensemble under the direction of Suki Schorer and performed in the Virgin Islands with Helgi Tomasson and Kay Mazzo's NYCB Troupe.

Returning to San Diego she developed her reputation first as a notable dancer and later as a teacher for many local studios. She served on faculty for the School of Creative and Performing Arts (SCPA) in Chula Vista and Rehearsal Assistant for San Francisco Ballet's many SD productions of The Nutcracker, Swan Lake and Sleeping Beauty. Ms. Morgan has choreographed and taught masterclasses at other studios, summer programs, universities as well as for an NBC TV movie. She was also honored by the SD Area Dance Alliance for her leadership in the dance community.

In 1989 she opened the **San Diego School of Ballet** and in 1991 Ms. Morgan founded the current **San Diego Ballet company**. Students of SDSB have been the top winners at many YAGP, CA Classics and other competitions as well as joining professional ballet companies around the world. Many students have used their training for college scholarships and others have danced for the grace, discipline, and health benefits the art form provides.

MATT CARNEY

Modern & Ballet

Matt first joined the faculty of the SDSB in 2008 teaching adult ballet classes and has since taught ballet, jazz, modern, and choreography to all levels during the regular school year and summer camp and intensive programs. With 21 years teaching and professional dance experience, Matt brings an eye for the stage and performance quality to his teaching so that students feel that they are really dancing. Matt has performed professionally with all of the major dance companies in San Diego, has his BFA in Dance from UMKC's Conservatory of Music and Dance, his master's in public administration from SDSU, and current serves as SDB's Executive Director in his 16th season with the Company.

IGOR YURLOV

Ballet & Character

Igor trained at the Moscow Academic Choreography School at the Bolshoi Theatre of Russia under personal guidance of Prof. Pestov & Peter Antonovich from 1971-1979: In 1981 he joined the Bolshoi Theatre and worked with the great masters of ballet: Galina Ulanova, Asaf Meserer, Maya Plisetskaya, Mikhail Lavrovsky, Yuri Vladimirov, Shamil Yagudin and Natalia Bessmertnova. He danced for 18 years in leading roles with the Bolshoi and touring company in more than 50 countries. He currently lives in San Diego teaching, coaching and offering masterclasses.

STEPHANIE MAIORANO

Ballet

Stephanie Maiorano began her classical ballet training in San Diego at Southern California Ballet, under the tutelage of Ahita Ardalan (Paris Opera Ballet) and Sylvia Palmer Zetler (National Ballet of Canada). While a student there Stephanie performed principal roles in ballets including Alice in Wonderland, Cinderella, Paquita, Coppelia, as well as the Sugar Plum Fairy in The Nutcracker. Also, during her early training, she received her Cecchetti diploma with honors. Stephanie's training continued as a member of the Houston Ballet Studio Company. From there she came home to California and joined the San Diego Ballet under the direction of Javier Velasco and Robin Morgan in 2007 and has performed principal roles in various ballets including: Romeo et Juliet, Firebird, The Many Loves of Don Juan, The Nutcracker, Giselle, Jungle Book, and The Seven Beauties. Stephanie was featured in the San Diego Union Tribune under Notable San Diegans, and frequently makes guest appearances in schools and companies in California and Mexico. She has been teaching for the past 11 years and is the Artistic Director of the San Diego Ballet Pre-Professional Summer Intensive.

EMILY BANUET FIOLE

PBT-Progressive Ballet Technique

Emily began her ballet training at a young age and in 2014 she joined The San Diego School of Ballet under the direction of Robin Sherertz Morgan. After completing her training with the school Emily joined The San Diego Ballet Company. In 2023 she became a Certified Teacher of PBT-Progressing Ballet Technique.

KATHLEEN LOVE GOMEZ

Ballet

Kathleen joined The San Diego School of Ballet under the direction of Robin Sherertz Morgan at a young age and trained until she graduated High School. Kathleen is a Special Education Teacher and currently teaches Ballet A.

CLASS DESCRIPTIONS:

PRE-BALLET: Children learn creative dance movements incorporated with music and rhythm awareness. Helps develop muscle coordination, flexibility and good posture. Imagination, fun and good social skills are all part of the child's self-appreciation.

INTRODUCTORY: An extension of Pre-Ballet but more structured with the learning of the basic ballet positions, steps and body alignment.

BALLET TECHNIQUE: Training in the basic fundamentals of classical ballet technique. Develops placement, strength, control, concentration and self-discipline. As students advance combinations become more complex and steps must be executed with precision.

POINTE: Each student must be individually evaluated as when it is time to wear pointe shoes. The feet, ankles, turnout, back and abdominal muscles must be strong enough to stand on pointe correctly without the risk of injury to the students. As the students advance, they may also take designated ballet technique classes on pointe.

VARIATIONS: The study of classical and contemporary solo variations from famous ballets. Students gain an appreciation of the technical difficulty of the solos as well as an opportunity to express their individual style and artistic ability.

CHARACTER: A stylized representation of traditional folk or national dance, mostly from European countries, and uses movements and music which have been adapted for the theater. Character dance is integral to much of the classical ballet repertoire.

PBT - PROGRESSIVE BALLET TECHNIQUE:

Founded by Marie Walton-Mahon, PBT is a body-conditioning and strengthening program designed to enhance students' technique by focusing on training the muscle memory required in each exercise in all forms of dance. It is a unique training system using ballet-technique specific exercises to train skill acquisition in a graded and progressive manner from junior through advanced levels.



NTC Promenade

Liberty Station in Point Loma

Directions from North: From Interstate 5,

take Rosecrans South. Enter NTC Promenade at Roosevelt and Rosecrans. Make left on Truxtun and Dance Place SD is on left side corner on Dewey St.

From Downtown: take Harbor Drive past airport to Laning Road. Turn Right and take it to Rosecrans. Right on Rosecrans and right on Roosevelt, left on Truxtun. Or take Pacific Hwy North and exit left on Barnett. Left on Truxtun and continue to Dewey St.

From the East: From I-8 going West take Nimitz left. Make left on Rosecrans and right on Roosevelt, left on Truxtun, drive to corner of Dewey.

2650 Truxtun Rd, Ste. 102; San Diego, 92106

San Diego *Ballet*
School



*Quality Training by
Caring Professionals*

Sep 5, 2023– June 15, 2024

(619) 294-7378

www.sandiegoballet.org

kfsdballet@gmail.com

The San Diego Ballet School's purpose is to provide dancers with a center that offers quality instruction, and advanced classes in dance by caring professionals. We are concerned not only with teaching dance at the highest level but also with promoting self-discipline and self-esteem in our students.

Our school specializes in ballet, with a particular emphasis for children on future career training. We will of course welcome all students who take ballet for exercise, appreciation of the art, good posture and grace, and especially those who just love to dance!

SDBS is a year-round dance school with a Children, Adult and Pre-Professional Program. Students have opportunities to participate in the annual Nutcracker, and Student Concerts.

San Diego Ballet School will continue to bring the finest instructors in San Diego teaching on a regular basis. As well as attracting renowned guest artists to hold master classes.

Miss Karen Foster
Director of San Diego Ballet School



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Studio 207	Studio 100	Studio 207	Studio 100	Studio 207	Studio 100	Studio 207	Studio 100	Studio 207	Studio 100	Studio 207	Studio 100
		Co Class 9:30-11:00		Co Class 9:30-11:00		Co Class 9:30-11:00		Co Class 9:30-11:00		Ballet C (7+ years) 8:30-9:15	Ballet A (3&4 years) 8:30-9:15
										Ballet F Pointe 9:30-10:30	Ballet B (5&6 years) 9:30-10:15
										Ballet D 10:30-11:30	PBT F 10:30-11:30
Ballet E 4:15-5:30		PBT G 4:15-5:15	Theatre/Tap (5-8 years) 4:15-5:00	Ballet F 4:15-5:45	Ballet E 4:15-5:45	Ballet F 4:15-5:45	PBT E 4:45-5:45			Ballet G & Company Ladies 12:00-1:30	Company Men 12:00-1:30
Ballet G Pointe 5:30-7:00		Ballet G Pointe 5:15-6:45	Ballet D 5:00-6:00	Jazz E&F 5:45-6:45	Ballet G Pointe 5:45-7:00	Ballet G Pointe 5:45-6:45	Beg Tap (E & F) Studio 103 5:45-6:45				
Ballet G Variations 7:00-8:00		Adult Beg/Int Ballet 6:50-8:20	Jazz D 6:00-6:30	Jazz G 7:00-8:00		Adult Beg/Int Ballet 6:50-8:20	Int/Adv Tap (G) Studio 103 6:45-7:45				
SD Kendo Bu 8:15-9:45											

TUITION IS DUE & PAYABLE THE 1ST WEEK OF A SESSION

There is a **yearly registration fee of \$300.00** which runs from Sep to Sep. Tuition must be paid by the 10th and if not a \$20 late fee will be applied. Tuition payments are owed every two months, based on class level regardless of actual amounts of classes taken or missed due to school, sports or personal holidays. Exceptions are during the summer months of July & August. Make-ups are allowed in a lower level. Rehearsals & performances are considered part of the students training and stage experience. Therefore, missed classes may not lower tuition during Nutcracker or other performances. There are No Refunds or pro-rated tuitions except with a doctor's note. Parents, please make sure your child is on time and ready for classes. Do not make it only the child's responsibility.

TUITION - CHILDREN - 2 month session rates

Ballet A, Ballet B, Ballet C & Theatre/Tap	\$120.00
Beg/Int/Adv. Tap	\$150.00
Ballet D	\$250.00
Ballet E (includes all classes)	\$400.00
Ballet F (includes all classes)	\$600.00
Ballet G (includes all classes)	\$900.00

SEP 5, 2023, THRU JUNE 15, 2024 CLASS RATES

Checks made payable to San Diego Ballet
Single Class rate...\$25
5% cc processing fee charged.

CLASS LEVELS & DRESS CODES

Children:

- Ballet A - 3 & 4 yrs old - pink leotard & pale pink tights
- Ballet B - 5 & 6 yrs old - pink leotard & pale pink tights
- Ballet C - Pale Pink camisole leotard & pale pink tights (no skirt allowed)
- Ballet D, E, F, G - Black camisole leotard & black short wrap ballet skirt

Girls: Must have pale pink tights and pink ballet slippers.

Hair must be pulled back off face and tightly secured in a bun.

Fitted pink knit wrap around sweaters allowed.

No black tights, sweats, warmers, t-shirts or baggy sweaters allowed.

Boys: Black or white tights or shorts, white T-shirt, white socks and black or white ballet slippers. Hair to be neatly pulled back off the face.

Adult Men & Women: Choice of own dance apparel.

TUITION - ADULTS with registration
2 month session rates

4 Classes	\$ 70.00
6 Classes	\$ 100.00
8 Classes	\$ 125.00
10 Classes	\$ 135.00
12 Classes	\$ 160.00
14 Classes	\$ 180.00

Packets of classes can only be purchased if the \$30 registration fee for 2023-24 has been paid. Otherwise, you must purchase the single class rate.

No refunds will be given. Classes do not roll over to the next session.